

FOUNTAIN CENTRAL YOUTH LEAGUE  
RULES AND REGULATIONS  
(Revised 5/1/07)

10-13 YEAR OLD GIRLS

The purpose of the Fountain Central Youth League is to develop young people into better baseball players, and to also have fun with players, coaches, parents, and fans. The league is for 10-13 year old players. All players will learn the basic fundamentals of offensive and defensive baseball. Sportsmanship will be conducted on and off the baseball field. The season and tournament rules are listed below.

1. Teams:
  - a) A team roster of each team will be filed with each town president at least one week prior to the first scheduled game of the season. After this roster is turned in, no player shall be added without consent of the Youth League Board. All players named on the team roster will be allowed to play in all regular season games and tournament games. No player shall be told not to participate in any game. Any coach found to be in violation of these rules by the Youth League Board will be suspended from coaching for the remainder of the season.
  - b) The league will consist of 10-13 year old players with the cutoff date as June 1 of the current season.
2. Playing fields:
  - a) Distance between bases is 60 ft
  - b) Pitching distance is 37 ½ ft.
3. Playing Rules:
  - a) It is required that each player on the team play at least two complete innings. All players will bat in succession.
  - b) No lead offs from any bases.
  - c) Stealing of any base is allowed once the ball is pitched and the ball passes across home plate, and any time in between before the pitcher has control of the ball on the mound again.
  - d) A runner leaving before the ball has reached or passed the catcher will be called out by the umpire. If the pitched ball was batted, the team in the field will have the choice of: 1. no pitch and the runner is called out, or 2. accepting the outcome of the pitch.
  - e) Catcher may go two steps in front of the plate in returning the ball to the pitcher. Catcher cannot walk the ball back to the pitcher or vice versa.
  - f) Third strike is an automatic out, batter can not advance to first on a dropped third strike.
  - g) Hesitation rule for base runners does not apply in this league, base runners can round the base and have the option to continue or return to the base, at her own risk.
  - h) Runners will be awarded two bases from their positions on the base

path at the time of the throw if an overthrow lands out of bounds (beyond foul territory). Overthrows which come to rest within the playing field (fair or foul territory) are still live balls. Runners may advance any number of bases with the liability to be put out.

- i) The defensive team will field 10 players. All outfielders will be positioned at least 25 feet beyond the baselines until the ball is hit. Must field at least 8 players for game to count in the standings.
- j) Sliding is required on all close plays on every base with the exception of first base. Sliding is required on any play at home plate. Team will be warned with the first violation then will be called out each time after that.
- k) No headfirst sliding!!!! Each player in violation will be called out. The only exception will be if a player attempts to return to the base in which they came from, and only if the player is no more than four feet from the bag.
- l) Bunting is allowed. If a batter bunts on 3<sup>rd</sup> strike and fouls the ball, it is an automatic 3<sup>rd</sup> strike and she is called out.
- m) A pitched ball that hits the batter results in the batter advancing to first base.
- n) All purpose shoes will be worn, no metal cleats.
- o) A batter accidentally throwing the bat receives a warning, the next time he is called out.
- p) A player that intentionally throws a bat or helmet in disgust will be warned once, the next time she is ejected from the game.
- q) Once the pitcher has control of the ball on the pitching mound all base runners must return to their bases immediately.
- r) If a player is injured, umpires have the discretion to stop play immediately.
- s) There is free substitution with everyone on the playing field with the exception of the pitchers. The starting pitcher may only return to the pitcher's position once.
- t) The batter must get out of the batter's box when a play is made at home plate. The team will get a warning for the first violation, each additional violation will result in the batter being called out.
- u) No intentional walks.

#### 4. Length of Game:

- a) Regulation games will be 6 innings or 1 hour and 30 minutes in length, or whichever ever comes first.
- b) An inning does not have to be finished within the time limit, it only has to be started before the time limit has expired. Starting time will be noted by both coaches and umpire at start of game.
- c) After 4 complete innings, the baseball game becomes official. If a weather condition arises prior to four complete innings, the game will be rescheduled at a later date if possible.

#### 5. Run Rules:

- a.) 10 run rule after 4 1/2 innings.
- b.) An inning consists of 3 outs or 7 Runs
- c.) The home field team has the official book
- d.) Time limit applies to all regular season games and tournament games. The only exception is the championship game of the tournament. Time limit during tournament is 1 hour and 45 minutes.